

Tuesday saw the band make its first annual trip down to the Epworth Hall to help rehearse those dancers who would be taking part in the morning and evening and evening dances (could be more like synchronised swimming looking at the forecast)

After the obligatory band on the big bass drum to quieten the exuberant crowd, the history of the dance once explained and the leading four gave a demonstration of the steps.

The dance was then put in to order and split in two halves (first half and second half in case you were wondering)

After giving each group a quick run through we were done.

Check back tomorrow for an update of Flora Day Eve! and follow us on Twitter for regular updates.